

**University Of Minnesota  
Center for Spirituality and Healing  
NIH Complementary and Alternative Medicine Curriculum Grant**

**Knowledge and Attitudes of AHC Medical School Faculty and Students**

**Table 5b Medical School faculty and students'\* views about the effectiveness of CAM modalities (given in %)**

	Highly Effective		Moderately effective		Seldom effective		Not effective		Harmful		No opinion	
	Fac	Studt	Fac	Studt	Fac	Studt	Fac	Studt	Fac	Studt	Fac	Studt
Acupuncture	23%	20%	45%	60%	26%	10%	2%	3%	0%	0%	3%	7%
Aromatherapy	0%	1%	14%	12%	19%	25%	31%	30%	2%	0%	34%	30%
Bioelectromagnetic therapies	0%	0%	3%	10%	15%	19%	46%	45%	0%	0%	32%	25%
Biofeedback	14%	24%	63%	57%	12%	8%	3%	4%	0%	1%	6%	7%
Chiropractic	8%	15%	60%	56%	19%	17%	3%	1%	2%	6%	6%	4%
Herbal medicine	3%	9%	46%	43%	28%	32%	11%	7%	2%	1%	9%	7%
Homeopathy	5%	2%	15%	25%	34%	22%	28%	13%	2%	7%	14%	29%
Hypnosis/guided imagery	14%	13%	39%	48%	31%	18%	5%	7%	0%	2%	11%	11%
Massage	26%	28%	39%	50%	20%	11%	9%	4%	0%	1%	5%	4%
Music	9%	11%	34%	32%	22%	30%	14%	7%	0%	1%	20%	18%
Nutritional supplements	8%	19%	40%	36%	32%	26%	9%	6%	2%	4%	6%	8%
Prayer/spiritual healing	12%	30%	43%	36%	28%	14%	3%	4%	0%	2%	12%	14%
Meditation	17%	24%	39%	40%	22%	18%	6%	4%	0%	2%	15%	12%
Rolfing	3%	3%	11%	12%	11%	11%	28%	7%	5%	2%	40%	62%
Therapeutic/healing touch	2%	6%	20%	18%	20%	20%	29%	24%	0%	3%	28%	26%

\*Students are 4<sup>th</sup> year students just completing their undergraduate medical education.

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