

References

- Aikins Murphy P. (1998). *Alternative therapies for nausea and vomiting of pregnancy. Obstetric Gynecology.* 91:149-55.
- Allais G, De Lorenzo C, Quirico PE, Airola G, Tolardo G, Mana O, Benedetto C. (2002). *Acupuncture in the prophylactic treatment of migraine without aura: a comparison with flunarizine.* Headache. 42(9):855-61.
- Anastasi JK, McMahon DJ. *Testing strategies to reduce diarrhea in persons with HIV using traditional Chinese medicine acupuncture and moxibustion.* Journal of the Association of Nurses in AIDS Care. 14(3):28-40.
- Bensky, Dan and Barolet, Randall. (1990). *Chinese Herbal Medicine: Formulas and Strategies.* Seattle, WA.: Eastland Press.
- Bensky, Dan and Gamble, Andrew. *Chinese Herbal Medicine: Materia Medica (Revised Edition).* Seattle, WA.: Eastland Press, 1993.
- Bensoussan A, Talley NJ, Hing MM, Menzies R, Guo A, Ngu M. (1998). *Treatment of irritable bowel syndrome with Chinese herbal medicine: a randomized controlled trial.* JAMA. 280(18):1585-9.
- Bensoussan et al. (1998). *The Use of Chinese Medicine in the Diagnosis and Treatment of IBS* Journal of the American Medical Association (JAMA).
- Birks J, Evans GJ, Dongen VM. (2003). *Ginkgo biloba for cognitive impairment and dementia.* The Cochrane Database of Systematic Reviews. 3.
- Bullock ML, Kiresuk TJ, Sherman RE, Lenz SK, Cullition PD, Boucher TA, Nolan CJ. (2002). *A large randomized placebo controlled study of auricular acupuncture for alcohol dependence.* Journal of Substance Abuse Treatment. 22(2):71-7.
- Burack JH, Cohen MR, Hahn JA, Abrams DI. (1996). *Pilot randomized controlled trial of Chinese herbal treatment for HIV-associated symptoms.* Journal of Acquired Immune Deficiency Syndrome. 12(4):386-93.
- Cardini F, Weixin H. *Moxibustion for correction of breech presentation: a randomized controlled trial.* JAMA. 280(18):1580-4.
- Carlsson, CP, Sjolund BH. (2001). *Acupuncture for chronic low back pain: a randomized placebo-controlled study with long-term follow-up.* The Clinical Journal of Pain. 17:296-305
- Ceccherelli F, Rigoni MT, Gagliardi G, Ruzzante L. (2002). *Comparison of superficial and deep acupuncture in the treatment of lumbar myofascial pain: a double-blind randomized controlled study.* The Clinical Journal of Pain. 18:149-53.

- Chen LC, Tsao YT, Yen KY, Chen YF, Chou MH, Lin MF. (2003). *A pilot study comparing the clinical effects of Jia-Wey Shiau-Yau San, a traditional Chinese herbal prescription, and a continuous combined hormone replacement therapy in postmenopausal women with climacteric symptoms*. *Maturitas*. 44(1):55-62.
- Chow, A.E. (1998). *Treatment of postoperative nausea and vomiting by acupuncture*. *BJA: British Journal of Anaesthesia*, 81(1): p. 102.
- Davis SR, Briganti EM, Chen RQ, Dalais FS, Bailey M, Burger HG. (2001). *The effects of Chinese medicinal herbs on postmenopausal vasomotor symptoms of Australian women – a randomized controlled trial*. *Medical Journal of Australia*. 174(2):68-71.
- Eich H, Agelink MW, Lehmann E, Lemmer W, Klieser E. (2000). *Acupuncture in patients with minor depressive episodes and generalized anxiety: Results of an experimental study*. *Fortschritte der Neurologie-Psychiatrie*. 68:137-44.
- Eisenberg, David. (1987). *Encounters With Qi: Exploring Chinese Medicine*. New York, NY.: Viking Penguin Inc.
- Eizember, F.L., Tomaszewski, C.A. and Kerns, W.P. (2002). *Acupuncture for prevention of emesis in patients receiving activated charcoal*. *Journal of Toxicology - Clinical Toxicology*. 40(6): p. 775-80.
- Ernst E, Pittler MH. (1998). *The effectiveness of acupuncture in treating acute dental pain: a systematic review*. *British Dental Journal*. 184:443-7.
- Ernst E, White AR. (1998). *Acupuncture for back pain: a meta-analysis of randomized controlled trials*. *Archives of Internal Medicine*. 158:2235-41.
- Ezzo J, Berman B, Hadhazy VA, Jadad AR, Lao L, Singh BB. (2000). *Is acupuncture effective for the treatment of chronic pain? A systematic review*. *Pain*. 86:217-25.
- Ezzo J, Hadhazy V, Birch S, Lao L, Kaplan G, Hochberg M, et al. (2001). *Acupuncture for osteoarthritis of the knee: a systematic review*. *Arthritis Rheumatism*. 44:819-25.
- Farquhar, Judith. (1994). *Knowing Practice: The Clinical Practice of Chinese Medicine*. Boulder, CO.: Westview Press
- Fink M, Wolkenstein E, Luennemann M, Gutenbrunner C, Gehrke A, Karst M. (2002). *Chronic epicondylitis: effects of real and sham acupuncture treatment: a randomized controlled patient and examiner-blinded long-term trial*. *Forschende Komplementarmedizin und Klassische Naturheilkunde*. 9(4):210-5.
- Fung AY, Look PC, Chong LY, But PP, Wong E. (1999). *A controlled trial of traditional Chinese herbal medicine in Chinese patients with recalcitrant atopic dermatitis*. *International Journal of Dermatology*. 38(5):387-92.

- Gilbertson B, Wenner K, Russell LC. (2003). *Acupuncture and arthroscopic acromioplasty*. Journal of Orthopaedic Research. 21(4):752-8.
- Grandinetti D. (2000). Acupuncture in 2000: Working its way into mainstream medicine. Medical Economics. 77(15): 99-100, 105, 109-10.
- Greif R, Laciny S, Mokhtarani M, Doufas AG, Bakhshandeh, M, Dorfer L, Sessler DI. (2002). *Transcutaneous Electrical Stimulation of an Auricular Acupuncture Point Decreases Anesthetic Requirement*. Anesthesiology. 96(2):306-12.
- Gruber W, Eber E, Malle-Sheid D, Pflieger A, Weinhandl E, Dorfer L, Zach M. (2002). *Laser acupuncture in children and adolescents with exercise induced asthma*. Thorax 57:222-225.
- Guo Z, Zhao H, Fu L. (1996). *Protective effects of API0134 on myocardial ischemia and reperfusion injury*. Journal of Tongji Medical University. 16(4):193-7.
- Harris PE. (1997). *Acupressure: a review of the literature*. Complementary Therapies and Medicine.5:156-61.
- Helms, J.M. (1998). *An Overview of Medical Acupuncture*. Alternative Therapies in Health and Medicine. 4(3):35-45.
- Hirata JD, Swiersz LM, Zell B, Small R, Ettinger B. (1997). *Does dong quai have estrogenic effects in postmenopausal women? A double-blind, placebo-controlled trial*. Fertility and Sterility. 68(6):981-6.
- Hsu YC, Chang HH, Chen MF, Chen JC. (2000). *Therapeutic effect of sheng-ji-san on pressure ulcers*. American Journal of Chinese Medicine. 28(3-4):391-9.
- Hu G, Walls RS, Bass D, Ramon B, Grayson D, Jones M, Gebiski V. (2002). *The Chinese herbal formulation biminne in management of perennial allergic rhinitis: a randomized, double-blind, placebo-controlled, 12-week clinical trial*. Annals of Allergy, Asthma, and Immunology. 88(5)478-87.
- Huntley A, Ernst E. (2000). *Herbal medicines for asthma: a systematic review*. Thorax. 55:925-9.
- Irnich D, Behrens N, Gleditsch JM, Stor W, Schreiber MA, Schops P, Vickers AF, Beyer A. (2002). Immediate effects of dry needling and acupuncture at distant points in chronic neck pain: results of a randomized, double-blind, sham-controlled crossover trial. Pain 99(1-2):83-9.
- Jewell D, Young G. (2000). *Interventions for nausea and vomiting in early pregnancy*. Cochrane Database System Review. CD000145.

- Jobst KA. (1995). *A critical analysis of acupuncture in pulmonary disease: efficacy and safety of the acupuncture needle*. Journal of Alternative and Complementary Medicine. 1:57-85.
- Journal of Chinese Medicine. (1999). *Chinese Medicine In Crisis: Science, Politics, And The Making of TCM*, by Heiner Fruehauf. Vol. 61, pages 6-14. Sussex, UK. Distributed by Eastland Press.
- Jung YB, Roh KJ, Jung JA, Jung K, Yoo H, Cho YB, Kwak WJ, Kim DK, Kim KH, Han CK. (2001). *Effect of SKI 306X, a new herbal anti-arthritic agent, in patients with osteoarthritis of the knee: a double-blind placebo controlled study*. American Journal of Chinese Medicine. 29(3-4):485-91.
- Kaptchuk, Ted. *The Web That Has No Weaver*. Chicago, IL.: Contemporary Books, 2000.
- Klein L, Trachtenberg, AI. (1997). National Library of Medicine. Reference Section. *Acupuncture: January 1970 through October 1997*. (Series: Current Bibliographies in Medicine.) Bethesda, MD: U.S. Dept. of Health and Human Services, Public Health Service, national Institutes of Health, national Library of Medicine, Reference Section.
- Kober A, Scheck T, Schubert B, Strasser H, Gustorff, B, Bertalanffy P, Wang S, Kain ZN, Hoerauf K. (2003). *Auricular acupuncture as a treatment for anxiety in prehospital transport settings*. Anesthesiology. 98:1328-32.
- Koo, J, Arain SBA. (1998). *Traditional Chinese medicine for the treatment of dermatologic disorders*. Archives of Dermatology. 134(11):1388-93.
- Lee A, Done Mi. (1999). *The use of nonpharmacologic techniques to prevent postoperative nausea and vomiting: a meta-analysis*. Anesth Analg. 88:1362-69.
- Linde K, Jobst K, Panton J. (1996). *Acupuncture for chronic asthma*. Cochrane Database System Review. Forschenda Komplementarmedizin. 3:148-55.
- Liu JP, Manheimer E, Tsutani K, Gluud, C. (2003). *Medicinal herbs for hepatitis C virus infection*. The Cochrane Database of Systematic Reviews. 3.
- Liu JP, McIntosh H, Lin H. (2003). *Chinese medicinal herbs for chronic hepatitis B*. The Cochrane Database of Systematic Reviews. 3.
- Kober, A., et al. (2003). *Auricular acupuncture as a treatment for anxiety in prehospital transport settings*. Anesthesiology. 98(6): p. 1328-32.
- Maciocia, Giovanni. (1994). *The Practice of Chinese Medicine*. New York, NY: Churchill Livingstone.

- Marks LS, Dipaola RS, Nelson P, Chen S, Heber D, Belldegrun AS, Lowe FC, Fan J, Leaders FE, Pantuck AJ, Tyler VE. (2002). *PC-SPEs: herbal formulation for prostate cancer*. *Urology*. 60(3):369-75.
- McCulloch M, Broffman M, Gao J, Colford JM. (2002). *Chinese herbal medicine and interferon in the treatment of chronic hepatitis B: a meta-analysis of randomized controlled trials*. *American Journal of Public Health*. 92(10):1619-28.
- Melchart D, Linde K, Fischer P, White A, Allais G, Vickers A, et al. (1999). *Acupuncture for recurrent headaches: a systematic review of randomized controlled trials*. *Cephalalgia*. 46:799-802.
- Melchior J, Spasov AA, Ostrovskij OV, Bulanov AE, Wikman G. (2000). *Double-blinded, placebo-controlled pilot and phase III study of activity of standardized *Andrographis paniculata* Herba Nees extract fixed combination (Kan Jiang) in the treatment of uncomplicated upper-respiratory tract infection*. *Phytomedicine*. 7(5):341-50.
- Ming, J.L., et al. (2002). *The efficacy of acupressure to prevent nausea and vomiting in post-operative patients*. *Journal of Advanced Nursing*. 39(4): p. 343-51.
- Molsberger A, Hille E. (1994). *The analgesic effect of acupuncture in chronic tennis elbow pain*. *British Journal of Rheumatology*. 33(12): 1162-5.
- Nagle TM, Torres SM, Horne KL, Grover R, Stevens MT. (2001). *A randomized, double-blind, placebo-controlled trial to investigate the efficacy and safety of a Chinese herbal product (P07P) for the treatment of canine atopic dermatitis*. *Veterinary Dermatology*. 12(5):265-74.
- National Institute of Health, Office of the Director. (1997). *Acupuncture NIH Consensus Statement*. Nov 3-5; 15(5); 1-34.
- NIH Consensus Conference. *Acupuncture*. *JAMA*. 1998;280:1518-24.
- Nisbett, R. (2003). *The Geography of Thought; How Asians and Westerners Think Differently... and Why*. Simon and Schuster, New York.
- Norheim, A.J., et al. (2001). *Acupressure treatment of morning sickness in pregnancy. A randomised, double-blind, placebo-controlled study*. *Scandinavian Journal of Primary Health Care*. 19(1): p. 43-7
- Park J, Hopwood V, White AR, Ernst E. (2001). *Effectiveness of acupuncture for stroke: a systematic review*. *Journal of Neurology*. 248:558-63.
- Patel M, Gutzwiller F, Paccaud F, Marazzi A. (1989). *A meta-analysis of acupuncture for chronic pain*. *International Journal of Epidemiology*. 18:900-6

- Porkert, Manfred. *The Theoretical Foundations of Chinese Medicine*. (1974). M.I.T. East Asian Science Series, Vol. 3. Cambridge, MA.: M.I.T. Press.
- Qin L, Au S, Choy W, Leung P, Neff M, Lee K, Lau M, Woo J, Chan K. (2002). *Regular Tai Chi Chuan exercise may retard bone loss in postmenopausal women: a case-control study*. Archives of Physical Medicine & Rehabilitation. 83(10):1355-9.
- Quinla, J.D. and Hill, D.A. (2003). *Nausea and vomiting of pregnancy*. American Family Physician. 68(1): p. 121-8.
- Roscoe, J.A., et al. (2003). *The efficacy of acupuncture and acustimulation wrist bands for the relief of chemotherapy-induced nausea and vomiting*. A University of Rochester Cancer Center Community Clinical Oncology Program multicenter study. Journal of Pain & Symptom Management. 26(2): p. 731-42.
- Rosted P. (1998). *The use of acupuncture in dentistry: a review of the scientific validity of published papers*. Oral Diseases. 4:100-4.
- Rusy LM, Hoffman GM, Weisman SJ. (2002). *Electroacupuncture Prophylaxis of Postoperative Nausea and Vomiting following Pediatric Tonsillectomy with or without Adenoidectomy*. Anesthesiology. 96(2):300-05.
- Samad K. Afshan G. Kamal R. (2003). *Effect of acupuncture on postoperative nausea and vomiting in laparoscopic cholecystectomy*. Journal of the Pakistan Medical Association. 53(2):68-72.
- Sandberg M, Wijma K, Wyon Y, Nedstrand E, Hammar M. (2002). *Effects of electroacupuncture on psychological distress in postmenopausal women*. Complementary Therapies in Medicine. 10(3):161-9.
- Scaglione F, Cattaneo G, Alessandria M, Cogo R. (1996). *Efficacy and safety of the standardized Ginseng extract G115 for potentiating vaccination against the influenza syndrome and protection against the common cold*. Drugs Under Experimental and Clinical Research. 22(2):65-72.
- Schirokauer, Conrad. (1991). *A Brief History of Chinese Civilization*. Orlando, FL.: Harcourt Brace.
- Shapira, MY, Berkman N, Ben-David G, Avital A, Bardach E, Breuer R. (2002). *Short-term acupuncture therapy is of no benefit in patients with moderate persistent asthma*. 121(5):1396-1400.
- Shi Y, Zhang H, Du X, Zhang M, Yin Y, Zhou C, Song S, Fu X, Li S, Liu Y, Li H, Li X, Wu X, Zhu Y. (1999). *A double blind observation for therapeutic effects of the tong luo kai bi tablets on rheumatoid arthritis*. Journal of Traditional Chinese Medicine. 19(3):166-72.

- Sim CK, Xu PC, Pua HL, Zhang G, Lee TL. (2002). *Effects of electroacupuncture on intraoperative and postoperative analgesic requirement*. *Acupuncture in Medicine*. 20(2-3):56-65
- Sivin, Nathan. (1987). *Traditional Medicine in Contemporary China*. Ann Arbor, MI.: Center of Chinese Studies, University of Michigan.
- Skilnand E, Fossen D, Heiberg E. (2002). *Acupuncture in the management of pain in labor*. *Acta Obstetrica et Gynecologica Scandinavica*. 81(10):943-8.
- Smith C, Crowther C. (2002). *The placebo response and effect of time in a trial of acupuncture to treat nausea and vomiting in early pregnancy*. *Complementary Therapies in Medicine*. 10(4):210-6.
- Smith LA, Oldman AD, McQuay HJ, Moore RA. (2000). *Teasing apart quality and validity in systematic review: an example from acupuncture trials in chronic neck and back pain*. *Pain*. 86:119-32.
- Steele, N.M., et al. (2001). *Effect of acupressure by Sea-Bands on nausea and vomiting of pregnancy*. *JOGNN - Journal of Obstetric, Gynecologic, & Neonatal Nursing*. 30(1): p. 61-70.
- Stern, R.M., et al. (2001). *Acupressure relieves the symptoms of motion sickness and reduces abnormal gastric activity*. *Alternative Therapies in Health & Medicine*. 7(4): p. 91-4.
- Sze F, Wong E, Yi X, Woo J. (2002). *Does acupuncture have additional value to standard poststroke motor rehabilitation?* *Stroke*. 33:186-94.
- Taylor, D., Miaskowski, C. and Kohn, J. (2002). *A randomized clinical trial of the effectiveness of an acupressure device (relief brief) for managing symptoms of dysmenorrhea*. *Journal of Alternative & Complementary Medicine*. 8(3): p. 357-70.
- ter Riet G, Kleijnen J, Knipschild P. (1990). *Acupuncture and chronic pain: a criteria-based meta-analysis*. *Journal of Clinical Epidemiology*. 43:1191-9.
- Tsay, S.L. and Chen, M.L. (2003). *Acupressure and quality of sleep in patients with end-stage renal disease--a randomized controlled trial*. *International Journal of Nursing Studies*. 40(1): p. 1-7.
- Tsay, S.L., Rong, J.R. and Lin, P.F. (2003). *Acupoints massage in improving the quality of sleep and quality of life in patients with end-stage renal disease*. *Journal of Advanced Nursing*. 42(2): p. 134-42.
- Unschuld, Paul. (1986). *Medicine in China*. Berkley, CA.: University of California Press.

- Urata Y, Yoshida S, Irie Y, Tanigawa T, Amayasu H, Nakabayashi M, Akahori K. (2002). *Treatment of asthma patients with herbal medicine TJ-96: a randomized controlled trial*. *Respiratory Medicine*. 96(6):469-74.
- Vachiramom, A. and Wang, W.C. (2002). *Acupressure technique to control gag reflex during maxillary impression procedures*. *Journal of Prosthetic Dentistry*. 88(2): p. 236.
- Vickers AJ. (1998). *Bibliometric analysis of randomized trials in complementary medicine*. *Complementary Therapies and Medicine*. 6:185-9
- Vickers AJ. (1999). *Can acupuncture have specific effects on health? A systematic review of acupuncture antiemesis trials*. *Archive of Otolaryngological Head Neck Surgery*. 125:269-72.
- Vilholm OJ, Moller K, Jorgensen K. (1998). *Effect of traditional Chinese acupuncture on severe tinnitus: a double-blind, placebo-controlled, clinical investigation with open therapeutic control*. 32(3):197-204.
- Vutyavanich T, Kraissarin T, Ruangsri R. (2001). *Ginger for nausea and vomiting in pregnancy: randomized, double-masked, placebo-controlled trial*. *Obstetrics and Gynecology*. 97(4):577-82.
- Vutyavanich T, Kraissarin T, Ruangsri R. (2001). *Ginger for nausea and vomiting in pregnancy: randomized, double-masked, placebo-controlled trial*. *Obstetrics and Gynecology*. 97(4):577-82.
- Wang JS, Lan C, Chen SY, Wong MK. (2002). *Tai Chi Chuan training is associated with enhanced endothelium-dependent dilation in skin vasculature of healthy older men*. *Journal of the American Geriatrics Society*. 50(6):1024-30.
- Wang S, Kain, ZN. (2002). *P6 Acupoint Injections Are as Effective as Droperidol in controlling Early Postoperative Nausea and Vomiting in Children*. *Anesthesiology*. 97:359-66.
- Wang SM, Kain ZN: (2001). *Auricular acupuncture: A potential treatment for anxiety*. *Anesthesia Analgesia*. 92:548-53.
- Wang SM, Peloquin C, Kain ZN: (2001) *The use of auricular acupuncture to reduce preoperative anxiety*. *Anesthesia Analgesia*. 93:1178-80.
- Weber R, Christen L, Loy M, Schaller S, Christen S, Joyce, CRB, Ledermann, U, Ledergerber B, Cone R, Luthy R, Cohen MR. (1999). *Randomized, placebo-controlled trial of Chinese herb therapy for HIV-1-infected individuals*. *JAIDS Journal of Acquired Immune Deficiency Syndromes*. 22(1):56-68.

- Werntoft, E. and Dykes, A.K. (2001). *Effect of acupressure on nausea and vomiting during pregnancy. A randomized, placebo-controlled, pilot study.* Journal of Reproductive Medicine. 46(9): p. 835-9.
- Windle, P.E., et al. (2001). *The effects of acupressure on the incidence of postoperative nausea and vomiting in postsurgical patients.* Journal of Perianesthesia Nursing. 16(3): p. 158-62.
- Wiseman, Nigel and Ellis, Andrew. (1994). *Fundamentals of Chinese Medicine.* Brookline, MA.: Paradigm Publications.
- Wiseman, Nigel and Ye, Feng . (1998). *A Practical Dictionary of Chinese Medicine.* Brookline, MA.: Paradigm Publications.
- Wu G, Zhao F, Zhou X, Wei L. (2002). *Improvement of isokinetic knee extensor strength and reduction of postural sway in the elderly from long-term Tai Chi exercise.* Archives of Physical Medicine & Rehabilitation. 83(10):1364-9.
- Wu G. (2002) *Evaluation of the effectiveness of Tai Chi for improving balance and preventing falls in older population-a review.* 50(4):746-54.
- Wu, Yan and Fischer, Warren. (1997). *Practical Therapeutics of Chinese Medicine.* Brookline, Mass.: Paradigm Publications.
- Xue CC, English R, Zhang JJ, Da Costa C, Li CG. (2002). *Effect of acupuncture in the treatment of seasonal allergic rhinitis: a randomized controlled clinical trial.* American Journal of Chinese Medicine. 30(1):1-11.
- Yiming C, Changxin Z, Ung WS, Lei Z, Kean LS. (2000). *Laser acupuncture for adolescent smokers-a randomized double-blind controlled trial.* American Journal of Chinese Medicine. 28(3-4): 443-9.