



Join us for True North Groups: A New Powerful Path for Personal and Leadership Development

Launch a True North Group in 2012

"We have a new group. By the third meeting, people were saying that the discussion had already made an impact on their lives; a breakthrough, a shift in energy and deep discussions that made being with life's challenges, easier". TNG Member

What is a **True North Group**? It is a small group process, where members (6-8) work together to design and create a high-trust, safe environment for each member to **explore and reinforce their "True North"**.

Doug Baker Sr., an expert in group process, self-discovery and facilitation, will lead this seminar. He and Bill George (former Medtronic CEO and leadership expert) are co-authors of a new book, ***True North Groups: A Powerful Path to Personal and Leadership***.

This evening will be a rich, interactive discussion on "best practices." You will learn about the benefits of **True North Groups** and use in-depth tools to launch your own True North Group with a strong start.

Please join us if you are looking to **learn** more about True North Groups or looking to **start** your own group.

- Date:** Wednesday, March 7, 2012
Time: 6:45 PM to 9:00 PM
Venue: University of Minnesota, Center for Spirituality & Healing, Mayo Meditation Space,
Cost: \$50 per person; 20% discount for 2 or more people coming together or a 10% discount for UMAA/UMRA Members
Register: Directly by [clicking here](#) or go to www.tickets.umn.edu and click on the Center's logo.

To hear from others go to <http://www.youtube.com/user/TrueNorthGroups>.

For more information, visit www.truenorthgroups.com, or email TNGI@truenorthgroups.com.

Offered in partnership with:



True North Groups
INSTITUTE



UNIVERSITY OF MINNESOTA
Center for Spirituality & Healing
Driven to DiscoverSM