By the end of the course, you will demonstrate an understanding of the overall field of integrative healing practices, which includes complementary and alternative (CAM) therapies. We will study the theoretical framework, safety, efficacy, and evidence for various therapies and practices. In addition, we will address political and economic issues around the use of CAM; how these therapies are being integrated into healthcare now and how it might evolve in the future; and your role in integrating these therapies in your personal and professional life. You will further learn how to apply critical evaluation skills to CAM, particularly how to access and assess the research evidence base.

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