This course offers you an opportunity to explore different understandings of health through visits to cultural communities. Field-trip “micro-immersion experience” will allow you an opportunity to learn how cultural communities define, understand, experience and strive to achieve health and well-being. The field-trip learning serves as a micro-cultural immersion experience for the purpose of facilitating a glimpse into fundamentally different worldviews and systems of knowledge not commensurate with scientific/professional models. The course is designed to move to the background a common academic approach of thinking about different worldviews and healing systems from a detached observer perspective. Confronting cultural difference directly offers you a peek into culturally different ways of seeing and constructing knowledge of health. You are encouraged to examine and critically reflect upon your suppositions regarding health.

Visit z.umn.edu/CSPH5111 for more information.