There is an accumulating body of scientific evidence supporting the use of some botanicals for preventive or therapeutic purposes. This experiential course offers health professional students and others an integrative and practical approach to medicinal plants that includes theoretical underpinnings and obtaining the skills to gather, process, and apply selected local plants and herbs. Methods are multi-sensory, following an eclectic tradition practiced by many modern herbalists. Review of empirical scientific evidence is included for key plants.

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