Coaching Clinical Conditions

CSPH 5707
2 Credits | Summer

For in person dates, visit onestop.umn.edu

Instructor: Theresa Nutt
Deborah Olson

This course equips healthcare professionals with an overview of clinical conditions most prevalent in society today and skills to use that knowledge in coaching. For each condition, we will study a description of the condition, primary effects, secondary effects, daily lifestyle challenges, self-management of the condition, treatment options and treatment protocols. In this course you will learn and practice coaching skills to facilitate a client’s process to increase awareness of their condition, learn self management techniques, have empowering conversations with healthcare providers, consider treatment options, and build support networks. We will differentiate between disease management and coaching for client self-efficacy in managing their clinical conditions.

Students will be assigned to small groups and supervised by the Instructor for the purposes of online discussions, online journal supervision, and group phone calls.

Visit z.umn.edu/CSPH5707 for more information.