Tibetan Medicine, Ayurveda, and Yoga in India

CSPH 5318
4 Credits | May 2018
Study Abroad
Instructor: Katie Schuver

This course will introduce you to ethics, spirituality, and healing from the perspective of traditional Tibetan medicine. Traditional Tibetan doctors believe that illness results from imbalance and that treating illness requires correcting the underlying imbalance. You will learn how to apply these principles personally, integrate them into clinical practice, and consult with a traditional Tibetan doctor.

Visit z.umn.edu/CSPH5318 for more information.