PAIN MANAGEMENT AND EVIDENCE BASED COMPLEMENTARY HEALTH APPROACHES

CSPH 5303
3 Credits | Spring 2019
Online
Instructors: Gert Bronfort Roni Evans

This course will provide an overview of complementary and integrative healing practices for pain management. In the US, chronic pain impacts over one third of the population and affects more individuals than heart disease, diabetes, and cancer combined. While there is a wide range of conventional medical treatments available to manage pain, many are only marginally effective and are associated with troublesome side effects. Of growing concerns is the endemic problem of opioids associated with misuse, addiction, and fatal overdose. Pain sufferers and health providers need effective and safe options for pain management.