COURSE DESCRIPTION
This is the culminating course of the Integrative Health and Wellbeing Coaching Master’s Program. The student uses coaching data collected during either CSPH 5703 Advanced Health Coaching Practicum, CSPH 5705 Health Coaching Professional Internship, or CSPH 5709 Group Health Coaching Course to write a publication-ready manuscript for a selected journal, and to orally present a research-informed retrospective Coaching Case Report. The purpose of this course is to enable students to develop and demonstrate master’s level skills in research, critical thinking, writing and presentation. Students will deepen their understanding of the outcomes and impacts of health and well-being coaching for a client/group, the coach, and the profession. This Course is conducted primarily online with three synchronous meetings, three asynchronous Discussion Forums, and one on-site meeting at the end of the semester for oral presentation of the Coaching Case Report.

COURSE OBJECTIVES
Upon successful completion of this course, students should be able to:

• Describe the value of collecting pertinent client and coaching information and documenting that information in an organized and retrievable format

• Recognize aspects of a coaching client’s story that could be of value to other professionals, such as:
  - Something new (interesting or unusual process, outcome, or impact)
  - Something that confirms an existing health coaching concept or practice
  - Something which adds understanding to an existing concept or practice

• Clearly explain the value of the coaching experience for the client, coach, other practitioners, and the health coaching profession

• Discuss the current state of health coaching research and understand the role of Case Reports in informing future research, changing health care, and improving public health

• Demonstrate the critical thinking, creativity, collaboration, and communication skills needed to:
  - Prepare an organized, truthful, and compelling manuscript that effectively highlights a health coaching case’s contribution to future practice and research
  - Develop and deliver an engaging and effective presentation about a health coaching case to a professional audience

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