How Do You Try to Effect Change?

1. Check the boxes below- that apply to your experience of making change:

   - I only attempt to change things I have the power to control
   - I persuade others to my point of view
   - I try to get others to help
   - I try to influence those who have the power to make change
   - I research the topic
   - I figure out the best solution
   - I make a plan and follow it
   - I just try something and see if it works
   - I try a bunch of things until one of them works
   - I give up fairly quickly if my solution isn't working

2. Now, think of a time when you tried to make a change. It can be an example from your own life or a time when you tried to effect change on a larger social or environmental issue. You can add your answers to the questions below in this document or write your answers on a piece of paper.

   - Did you actually use the strategies that you checked above? If not, what strategies did you use?

   - How did they work?
     - More specifically, which ones worked better than others?
- Which didn't work very well at all?

- Did things turn out as you planned?
  - If not, why didn't they go according to plan?
  - Did developments you hadn't planned on make things harder or easier, worse or better?