Reflective Practices: Drawing Exercise

Materials needed:
Large piece of paper
Pen, pencil, or marker

People needed:
3 or more (works best with a group of 8-10)

Instructions:
Pin a large piece of paper on the wall.

Have someone volunteer to draw a line, shape, or squiggle on the page. When they step back, have the next person take the pen and add to the drawing with another line or shape. Go around until everyone has had a turn adding to the drawing. Each artist should observe the inclinations of the other artists and respond to them while honoring his or her own intuition. Don’t try to judge or control the outcome; rather, let the work of the group produce the drawing and observe it as it emerges.

After everyone has gone once, start again, but this time, rather than going in order, let anyone add to the drawing when they wish. Keep adding until the drawing feels complete.

This exercise can also be done with sculpture, paint, or any other medium.