Learning Objectives for Sustainability

- Discuss the key characteristics of sustainability.
- Identify examples and non-examples of sustainability.
- Identify the roots of the concept.
- Identify your own vision of sustainability.
- Discuss why sustainability matters.
- Discuss the true costs of unsustainable practices.
- Discuss the opportunities sustainability offers (interconnecting benefits: social, environmental, financial).
- Identify the benefits of sustainability for you personally.
- Discuss existing measures of sustainability.
- Identify how widespread the active practice of sustainability is: list key players in government, industry, religion.
- Discuss already existing factors that support sustainability.
- List the four principles of the Natural Step Framework.
- Identify simple actions you can take in each step of the NSF in your home, workplace, and community.
- Choose at least one area in your life to practice sustainability.
- Discuss how sustainability is related to whole systems healing.