### Study Integrative Healing and Wellbeing

**SUMMER 2021 COURSES**

#### May Session:
- CSPH 5431 Functional Nutrition (2)
- CSPH 5706 Fundamentals of Lifestyle Medicine (2)
- CSPH 5713 Health Coaching for Health Professionals (2)

#### Summer Session:
- CSPH 5101 Introduction to Integrative Healing Practices (3)
- CSPH 5212 Peacebuilding Through Mindfulness (3)
- CSPH 5313 Acupressure (1)
- CSPH 5317 Yoga: Ethics, Spirituality and Healing (2)
- CSPH 5343 Ayurveda Medicine: The Science of Self-Healing (2)
- CSPH 5503 Aromatherapy Fundamentals (1)
- CSPH 5522 Therapeutic Horticulture (3)
- CSPH 5631 Healing Imagery I (2)
- CSPH 5707 Coaching People with Clinical Conditions (2)*
- CSPH 5708 Mind-Body Science & the Art of Transformation (1)
- CSPH 5712 Health Coaching Skills Advancement (1)*

#### Registration Begins:
- February 25 for degree seeking students
- March 4 for visiting students

Register at [myu.umn.edu](http://myu.umn.edu) or contact us at [csh-academics@umn.edu](mailto:csh-academics@umn.edu)

*Available only for those enrolled in the Integrative Health and Wellbeing Coaching Program*