



Study Integrative Healing and Wellbeing
SUMMER 2021 COURSES

May Session:

CSPH 5431	Functional Nutrition (2)
CSPH 5706	Fundamentals of Lifestyle Medicine (2)
CSPH 5713	Health Coaching for Health Professionals (2)

Summer Session:

CSPH 5101	Introduction to Integrative Healing Practices (3)
CSPH 5212	Peacebuilding Through Mindfulness (3)
CSPH 5313	Acupressure (1)
CSPH 5317	Yoga: Ethics, Spirituality and Healing (2)
CSPH 5343	Ayurveda Medicine: The Science of Self-Healing (2)
CSPH 5503	Aromatherapy Fundamentals (1)
CSPH 5522	Therapeutic Horticulture (3)
CSPH 5631	Healing Imagery I (2)
CSPH 5707	Coaching People with Clinical Conditions (2)*
CSPH 5708	Mind-Body Science & the Art of Transformation (1)
CSPH 5712	Health Coaching Skills Advancement (1)*

Registration Begins:

February 25 for degree seeking students
March 4 for visiting students

Register at myu.umn.edu or contact
us at csH-academics@umn.edu

**Available only for those enrolled in the Integrative
Health and Wellbeing Coaching Program*

